

| Treatment date | Time | Name of practitioner | Next treatment due or review date |
|----------------|------|----------------------|-----------------------------------|
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For further information visit [www.restylane.co.uk](http://www.restylane.co.uk) or ask your aesthetic practitioner.



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Restylane® is a medical device. Injectable solution for aesthetic use. Restylane® is a trademark owned by Galderma S.A..

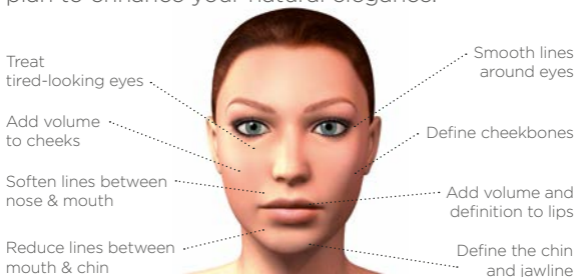
RES/038/0516 Date of preparation: March 2019



*Restylane®*

APPOINTMENTS

With the *Restylane*® line of products, your practitioner can customise the perfect treatment plan to enhance your natural elegance.



## AFTERCARE TIPS

- Directly after treatment, you may experience slight redness, swelling, pain, tenderness, itching and/or bruising. This is the same as you might expect with any type of injection.
- After the initial treatment, follow-up sessions are normally recommended around every 9 to 18 months depending on the individual and the area treated.
- For the first 24 hours after being treated avoid strenuous exercise and alcohol
- Avoid the sun or extreme temperatures (hot & cold) until inflammation has disappeared:
  - don't sunbathe
  - don't use a sunbed, sauna or steam bath
- Don't have Restylane® 2-4 weeks before or after a laser treatment or chemical peel, as this could cause inflammation